



For Immediate Release

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Temple, PA – L & J Transportation Companies, Inc., headquartered in Temple, Pennsylvania, has been selected as the official mover and storage facility for the upcoming episode of Extreme Makeover: Home Edition™ taking place in Hamburg, PA.

“We are excited and proud that L & J Transportation can contribute to such a kind and heartfelt atmosphere that is so much a part of the Extreme Makeover show,” said James Fry, President and CEO. “For 20 years L & J has been a part of the community and is delighted to give back to the neighborhood of those that have supported us for so many years”.

L & J Transportation is the area agent for NorthAmerican Van Lines™; who is dedicated to taking care of families during a very chaotic time in their lives.

Established in 1990, L & J Transportation supplies long distance, local and international transportation, as well as distribution services: packing, crating and storage. In addition, L & J successfully provides specialty freight services to manufacturing, corporate and upscale retail clients.

More information about L&J can be found at www.ljmoving.com.